

# Remarks on the Growth of $L^p$ -norms of Polynomials

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**Abstract.** We study the behaviour of constants in Khinchine-Kahane-type inequalities for polynomials in random vectors which have logarithmically concave distributions.

It is well known that polynomials on  $\mathbf{R}^n$  of bounded degree satisfy dimension free Khinchine-Kahane-type inequalities with respect to the uniform distribution on convex sets. The best known result, which is due to J. Bourgain [Bou] and which gave an affirmative answer to a conjecture of V. D. Milman, indicates the following: there exist universal constants  $t_0 > 0$  and  $c \in (0, 1)$  such that, for every convex set  $K \subset \mathbf{R}^n$  of volume one, every polynomial  $f = f(x_1, \dots, x_n)$  of degree  $d \geq 1$ , we have a distribution inequality

$$\mu_K\{|f| \geq \|f\|_1 t\} \leq \exp\{-t^{c/d}\}, \quad t \geq t_0, \quad (1)$$

where  $\mu_K$  is the Lebesgue measure on  $K$ , and  $\|f\|_1$  is  $L^1$ -norm of  $f$  with respect to  $\mu_K$ . As usual, for  $p > 0$ , one denotes  $\|f\|_p = (\int |f|^p d\mu)^{1/p}$  which also refers to some probability measure  $\mu$  on a space where the function  $f$  is defined. The inequality (1) may also be written in terms of a suitable Orlicz norm. For  $\alpha \geq 1$ , set  $\psi_\alpha(t) = \exp\{t^\alpha\} - 1$ ,  $t \geq 0$ , and introduce the associated norm

$$\|f\|_{\psi_\alpha} = \inf \left\{ \lambda > 0 : \int \psi_\alpha(|f|/\lambda) d\mu \leq 1 \right\}.$$

Then, (1) is equivalent to the inequality

$$\|f\|_{\psi_{c/d}} \leq C^d \|f\|_1, \quad (2)$$

with some universal  $c \in (0, 1)$  and  $C > 0$ . In particular, this yields the equivalence between  $L^p$  and  $L^1$ -norms in the form of the Khinchine-Kahane-type inequality

$$\|f\|_p \leq C(d, p) \|f\|_1, \quad (3)$$

where  $C(d, p)$  depends on  $d$  and  $p$ , only. The case  $d = 1$ , with the best constant  $c = 1$  in (2), was settled before by M. Gromov and V. D. Milman [G-M1] (cf. also [M-S]). It is therefore interesting to know whether or not the inequality

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(2) with  $c = 1$  holds true in the general case  $d \geq 1$ . The latter is equivalent to the statement that the inequality (3) holds in the range  $p \geq 1$  with constants  $C(d, p) = (Cdp)^d$ , for some universal  $C$ . In this note, we would like to show, following R. Kannan, L. Lovász and M. Simonovits [K-L-S], a short proof and a refinement of such a statement involving more general classes of probability measures on  $\mathbf{R}^n$ .

**Theorem 1.** *With respect to an arbitrary log-concave probability measure  $\mu$  on  $\mathbf{R}^n$ , for every polynomial  $f$  on  $\mathbf{R}^n$  of degree  $d \geq 1$ , we have, for some universal  $C$ ,*

$$\|f\|_{\psi_{1/d}} \leq C^d \|f\|_0. \quad (4)$$

Here,  $\|f\|_0 = \lim_{p \rightarrow 0} \|f\|_p = \exp \left\{ \int \log |f| d\mu \right\}$ . The log-concavity of  $\mu$  means (cf. [Bor]) that  $\mu$  is supported by some affine subspace  $E$  of  $\mathbf{R}^n$  where it has a logarithmically concave density with respect to Lebesgue measure on  $E$ , i.e., a density  $u : E \rightarrow [0, +\infty)$  such that, for all  $x, y \in E$ , and all  $t, s \geq 0$  with  $t + s = 1$ ,

$$u(tx + sy) \geq u(x)^t u(y)^s.$$

As a main statement (Theorem 1.3 in [Bou]), J. Bourgain formulated the inequality (2) with, however, a constant  $C$  instead of  $C^d$ . As we believe, the power  $d$  was lost when deriving (2) from (1). That the power of a constant cannot be omitted can be seen on the example of the set  $K = [0, 1]$  with the function  $f = 1$  and with growing  $d$ . On the other hand, the power can be hidden, if one wishes to rewrite for example the inequality (4) in the equivalent form as

$$\| |f|^{1/d} \|_{\psi_1} \leq C \| |f|^{1/d} \|_0$$

(with the same constant). This inequality is very much similar to what is known for norms on  $\mathbf{R}^n$  in the place of  $|f|^{1/d}$  (cf. [L]).

To prove (4), we use Theorem 2.7 from [K-L-S] which is based on the localization lemma of L. Lovász and M. Simonovits [L-S]. It reduces multi-dimensional Khinchine-Kahane-type inequalities with respect to log-concave measures to dimension one that was illustrated in [K-L-S] on the example of inequalities of the form (3) in the linear case  $d = 1$ . It was also mentioned there that the method applies as well to the general case  $d \geq 1$  and allows one to recover Bourgain's theorem. This is completely true up to a remark that the one-dimensional case in (3) still requires and deserves a special careful consideration, since it determines behaviour of constants as a function of  $d$  and  $p$ . The localization lemma of [L-S] has also applications to other types of inequalities. In connection with isoperimetric inequalities on the sphere, a kind of localization technique was developed by M. Gromov and V. D. Milman in [G-M2], cf. also [A].

For the Gaussian measure on the real line  $\mathbf{R}$ , using expansions over Hermit polynomials, the inequality (3) with  $p = 2$  was studied by Yu. V. Prokhorov

[P1]; he obtained as well similar inequalities when  $\mu$  belongs to the family of  $\Gamma(\alpha)$ -distributions with the parameter  $\alpha$  growing with the degree  $d$ , cf. [P2]. As shown in these works, in both cases, the constants  $C(d, 2)$  grow exponentially, and this fact cannot be recovered by an inequality such as (2) or (4). Combining Prokhorov's approach with the localization method, one can prove:

**Theorem 2.** *With respect to an arbitrary log-concave probability measure  $\mu$  on  $\mathbf{R}^n$ , for every polynomial  $f$  on  $\mathbf{R}^n$  of degree  $d \geq 1$ , the Khinchine-Kahane-type inequality (3) holds with*

$$C(d, p) = p^{Cd}, \quad p \geq 2,$$

where  $C$  is universal.

Consider the example of the exponential measure  $\mu = \nu$  on  $\mathbf{R}$  with density  $\frac{d\nu(x)}{dx} = e^{-x}$ ,  $x > 0$ , and take  $f(x) = x^d$ . Then,  $\|f\|_p = \Gamma(dp + 1)^{1/p}$  and, by Stirling's formula,

$$c_1 \frac{p^d}{d^{(p-1)/(2p)}} \|f\|_1 \leq \|f\|_p \leq c_2 \frac{p^d}{d^{(p-1)/(2p)}} \|f\|_1,$$

for some  $c_1, c_2 > 0$ . Therefore, when  $p$  is fixed and  $d$  grows, the constant  $C(d, p) = p^{Cd}$  gives a correct exponential rate of increase.

To compare with Theorem 1, note that, up to a universal constant, the inequality (4) is equivalent to

$$\|f\|_p \leq (Cdp)^d \|f\|_0, \quad p \geq 1/d. \quad (5)$$

Here, since we have replaced  $\|f\|_1$  with a smaller quantity  $\|f\|_0$ , the constants have a different order. Again, for  $f(x) = x^d$ , we have  $\|f\|_0 = \|x\|_0^d$  with respect to  $\nu$ , so

$$(c_1 dp)^d \|f\|_0 \leq \|f\|_p \leq (c_2 dp)^d \|f\|_0,$$

for some  $c_1, c_2 > 0$ . One could also test sharpness of (5) on the example of the uniform distribution on the  $\ell^1$ -ball in  $\mathbf{R}^n$  for  $f(x) = x_1^d$  and with growing dimension  $n$ .

*Proof of Theorem 1.* First let us comment on the one-dimensional case in (5). Motivated by the results of [P1][P2], inequalities of the form (5), with respect to an arbitrary probability measure  $\mu$  on  $\mathbf{R}$ , were studied in [B-G]. As was observed there, given  $p > 0$  and  $d \geq 1$ , the optimal constant  $C = C(d, p; \mu)$  in

$$\|f\|_p \leq C \|f\|_0, \quad (6)$$

where  $f$  is an arbitrary polynomial of degree  $d$  on  $\mathbf{R}$  with complex coefficients, is given by

$$C^{1/d} = \sup_{z \in \mathbf{C}} \frac{\|x - z\|_{dp}}{\|x - z\|_0}. \quad (7)$$

Since the argument is straightforward, let us recall it. A remarkable feature of the functional  $\|f\|_0$  is its multiplicativity property:  $\|f_1 \dots f_d\|_0 = \|f_1\|_0 \dots \|f_d\|_0$ . Therefore, writing  $f(x) = A(x - z_1) \dots (x - z_d)$  and applying Hölder's inequality, we get

$$\|f\|_p \leq A \prod_{k=1}^d \|x - z_k\|_{pd} \leq CA \prod_{k=1}^d \|x - z_k\|_0 = C\|f\|_0,$$

where  $C$  is defined according to (7). This proves (6) with this constant which cannot be improved as the example of the polynomials  $f(x) = x - z$  shows.

It might be helpful to note that the sup in (7) can be restricted to the real line  $\mathbf{R}$ . Indeed, write  $z = a + bi$  so that  $|x - z|^2 = \xi + t$  with  $\xi = (x - a)^2 \geq 0$  and  $t = b^2 \geq 0$ . As can easily be verified by differentiation, for any  $p > q$ , the function of the form  $g(t) = \|\xi + t\|_p / \|\xi + t\|_q$  is non-increasing in  $t \geq 0$ , hence it is maximized at  $t = 0$ . Therefore, as a function of  $b$ , the value of

$$\frac{\|x - z\|_p}{\|x - z\|_q} = \frac{\|\xi + t\|_{p/2}^{1/2}}{\|\xi + t\|_{q/2}^{1/2}}$$

is maximized at  $b = 0$ . So, we may apply this observation with  $q = 0$  to (7).

In the particular case, where  $\mu$  is log-concave, the right hand side of (7) can be bounded by a quantity which is independent of  $\mu$  and grows like  $Cdp$ . Indeed, after shifting, one needs to estimate an optimal constant  $C$  in

$$\| |x| \|_{dp} \leq C^{1/d} \| |x| \|_0, \quad p \geq 1/d, \quad (8)$$

with respect to a log-concave measure on  $\mathbf{R}$ . The fact that such an inequality holds for an arbitrary log-concave measure  $\mu$  on  $\mathbf{R}^n$ , and for an arbitrary norm  $\|x\|$  instead of  $|x|$  was established by R. Latała [L] (cf. also [B] and [Gu] for different proofs). More precisely, he showed that, for some universal  $C_1$ , we always have

$$\| \|x\| \|_1 \leq C_1 \| \|x\| \|_0.$$

On the other hand, it had been known, as an application of Borell's lemma [Bor], that, for  $p \geq 1$ ,

$$\| \|x\| \|_p \leq C_2 p \| \|x\| \|_1.$$

These two inequalities give  $\| \|x\| \|_p \leq C_0 p \| \|x\| \|_0$ . Thus, the constant in (8),  $C^{1/d}$ , is bounded by  $C_0 dp$ , for some universal  $C_0$ . This proves (5) with  $C = C_0$ .

To treat the multidimensional case in (5), one may assume that  $\mu$  is absolutely continuous. As proved in [K-L-S], Theorem 2.7, given non-negative continuous functions  $f_1, f_2, f_3$  and  $f_4$  on  $\mathbf{R}^n$ , and the numbers  $\alpha, \beta > 0$ , the following two properties are equivalent:

(a) for every absolutely continuous log-concave probability measure  $\mu$  on  $\mathbf{R}^n$ ,

$$\left( \int f_1 d\mu \right)^\alpha \left( \int f_2 d\mu \right)^\beta \leq \left( \int f_3 d\mu \right)^\alpha \left( \int f_4 d\mu \right)^\beta; \quad (9)$$

(b) for every non-degenerate interval  $\Delta \subset \mathbf{R}^n$  with directional vector  $v \in \mathbf{R}^n$ , and for every  $\lambda \in \mathbf{R}$ ,

$$\begin{aligned} & \left( \int_{\Delta} e^{\lambda \langle v, x \rangle} f_1(x) dx \right)^\alpha \left( \int_{\Delta} e^{\lambda \langle v, x \rangle} f_2(x) dx \right)^\beta \\ & \leq \left( \int_{\Delta} e^{\lambda \langle v, x \rangle} f_3(x) dx \right)^\alpha \left( \int_{\Delta} e^{\lambda \langle v, x \rangle} f_4(x) dx \right)^\beta, \end{aligned}$$

where  $dx$  stands for the Lebesgue measure on  $\Delta$ .

Thus, (9) reduces to the case where the measure  $\mu$  is supported by a line and, moreover, represents there the restriction of the exponential measure  $e^{\lambda \langle v, x \rangle} dx$  to the interval  $\Delta$ . Applying the above equivalence to  $\alpha = 1/p$ ,  $\beta = 1/q$  and to the functions  $f_1 = |f|^p$ ,  $f_4 = C^q |f|^q$  ( $C > 0$ ), and  $f_2 = f_3 = 1$ , R. Kannan, L. Lovász and M. Simonovits made the following striking conclusion which we state here as a lemma.

**Lemma 1.** *Let  $p > q > 0$  and  $C \geq 1$ . Given a continuous function  $f$  on  $\mathbf{R}^n$ , the inequality*

$$\|f\|_p \leq C \|f\|_q \quad (10)$$

*holds true with respect to all log-concave probability measures  $\mu$  on  $\mathbf{R}^n$  if and only if it holds on all intervals in  $\mathbf{R}^n$  with respect to the normalized exponential measures.*

By continuity, one can clearly consider in (10) the case  $q = 0$ , as well.

Now, if  $f$  is polynomial, its restriction to every line is again a polynomial of the same degree but of one variable. Since the restrictions of the exponential measures are log-concave, the inequality (10) thus reduces to the one-dimensional case.

One may therefore conclude that the inequality (5) holds with  $C = C_0$  for all polynomials  $f$  on  $\mathbf{R}^n$  of degree  $d$  in the range  $p \geq 1/d$ . Applying (5) to  $p = k/d$ ,  $k = 1, 2, \dots$ , we get

$$\| |f|^{1/d} \|_k \leq C_0 k \|f\|_0^{1/d}.$$

Finally, by Taylor's expansion and using  $k^k \leq e^k k!$ , we obtain that

$$\int \psi_{1/d} \left( \frac{f}{(2eC_0)^d \|f\|_0} \right) d\mu \leq 1.$$

*Proof of Theorem 2.* First, we consider the growth of the constants  $C(d, 2)$  in (3) in the case  $p = 2$ . We will now use Lemma 1, with  $p = 2$  and  $q = 1$ ,

in full volume that gives more than just a reduction of the multidimensional inequality (10) to dimension one. Let  $\Delta$  be a non-degenerate interval in  $\mathbf{R}^n$  with endpoints  $a, b$  and with the directional vector  $v = (b - a)/|b - a|$ . Then, with respect to the normalized exponential measures on  $\Delta$ , the norms in (10) are given by

$$\|f\|_p^p = \frac{1}{\int_0^{|b-a|} e^{\lambda x} dx} \int_0^{|b-a|} |f(a + xv)|^p e^{\lambda x} dx.$$

When  $f$  is a polynomial on  $\mathbf{R}^n$ ,  $f(a + xv)$  represents a polynomial in  $x \in \mathbf{R}$  of the same degree. Moreover, after rescaling, it suffices to consider the case  $\lambda = -1$ . Therefore,  $C(d, 2)$  is the optimal constant  $C$  in the inequality

$$\left( \int |f|^2 d\nu_u \right)^{1/2} \leq C \int |f| d\nu_u \quad (11)$$

for the class of all polynomials  $f$  on  $\mathbf{R}$  of degree  $d$  with respect to all measures  $\nu_u$  on  $(0, +\infty)$  with densities

$$\frac{d\nu_u(x)}{dx} = \frac{e^{-x}}{1 - e^{-u}} 1_{(0,u)}(x), \quad u > 0.$$

The limit case represents the exponential measure  $\nu_{+\infty} = \nu$  on  $(0, +\infty)$  with density  $e^{-x}$ ,  $x > 0$ . For a related family of densities,  $x^\alpha e^{-x}/\Gamma(\alpha + 1)$ , the inequality (11), with exponentially increasing constants, was proved by Yu. V. Prokhorov [P2]. He assumed that  $\alpha \geq c_0 d$  (for a numerical  $c_0$ ), but his approach proposed before in [P1] actually works in a more general situation and can be applied in particular to the measures  $\nu_u$ . Below, to prove (11), we follow Prokhorov's scheme of the proof and simplify his argument about Laguerre's polynomials.

*Step 1:*  $0 < u < 8d$ .

Let  $f$  be an arbitrary polynomial on  $\mathbf{R}$  of degree  $d$  (with real coefficients) such that  $\|f\|_2 = 1$  where  $L^2$ -norm is understood with respect to  $\nu_u$ . Let  $x_0 \in [0, u]$  be such that  $|f(x_0)| = \|f\|_\infty = \max_{x \in [0, u]} |f(x)|$ , and assume, without loss of generality, that  $f(x_0) > 0$ . By Taylor's expansion and by Markov's inequality  $\|f'\|_\infty \leq \frac{2d^2}{u} \|f\|_\infty$ , we get, for every point  $x \in [0, u]$ ,

$$\begin{aligned} f(x) &\geq f(x_0) - \|f'\|_\infty |x - x_0| \\ &\geq f(x_0) - \frac{2d^2}{u} \|f\|_\infty |x - x_0| = \left(1 - \frac{2d^2}{u} |x - x_0|\right) \|f\|_\infty. \end{aligned}$$

Therefore, in the interval  $\delta = [x_1, x_2] \equiv [x_0 - u/(4d^2), x_0 + u/(4d^2)] \cap [0, u]$ , we have  $f(x) \geq \frac{1}{2} \|f\|_\infty$  so that

$$\|f\|_1 \geq \int_\delta f(x) d\nu_u(x) \geq \frac{1}{2} \|f\|_\infty \nu_u(\delta).$$

In addition, since  $x_2 - x_1 \geq u/(4d^2)$ , for some middle point  $x_3 \in [x_1, x_2]$ , we get

$$\nu_u(\delta) = \frac{e^{-x_1} - e^{-x_2}}{1 - e^{-u}} = \frac{x_2 - x_1}{1 - e^{-u}} e^{-x_3} \geq \frac{1}{4d^2} \frac{u}{1 - e^{-u}} e^{-8d} \geq \frac{1}{4d^2} e^{-8d}.$$

Hence,  $8d^2 e^{8d} \|f\|_1 \geq \|f\|_\infty \geq \|f\|_2$  so that (11) is fulfilled with  $C = 8d^2 e^{8d}$ .

The second step requires some preparation.

**Lemma 2.** *For every polynomial  $f$  on  $\mathbf{R}$  of degree  $d \geq 1$ ,*

$$\int_{8d}^{+\infty} |f(x)|^2 e^{-x} dx \leq \frac{1}{2} \int_0^{+\infty} |f(x)|^2 e^{-x} dx.$$

*Proof.* Assume that  $\int_0^{+\infty} |f(x)|^2 e^{-x} dx = \|f\|_2^2 = 1$  (with respect to  $\nu$ ) and introduce the Laguerre polynomials

$$L_k(x) = \frac{e^x}{k!} \frac{d^k}{dx^k} (x^k e^{-x}) = \sum_{j=0}^k (-1)^j C_k^j \frac{x^j}{j!}, \quad k = 0, 1, \dots \quad (12)$$

They form a complete orthonormal system of functions in  $L^2(\nu)$  so that there exists a representation  $f = \sum_{k=0}^d a_k L_k$  with  $\sum_{k=0}^d |a_k|^2 = 1$ . Hence,  $|f|^2 \leq \sum_{k=0}^d |L_k|^2$  so that

$$\|f\|_4^2 = \| |f|^2 \|_2 \leq \sum_{k=0}^d \| |L_k|^2 \|_2 = \sum_{k=0}^d \|L_k\|_4^2. \quad (13)$$

According to (12) and since  $(4j)! \leq 4^{4j} j!^4$ , we get

$$\|L_k\|_4 \leq \sum_{j=0}^k C_k^j \frac{\|x^j\|_4}{j!} = \sum_{j=0}^k C_k^j \frac{(4j)!^{1/4}}{j!} \leq \sum_{j=0}^k C_k^j 4^j = 5^k.$$

Thus, by (13),  $\|f\|_4^2 \leq \sum_{k=0}^d 25^k < \frac{25^{d+1}}{24}$ . Now, by Cauchy-Schwarz inequality,

$$\int_{8d}^{\infty} |f(x)|^2 e^{-x} dx \leq \|f\|_4^2 \|1_{[8d, +\infty)}\|_2 \leq \frac{25^{d+1}}{24} e^{-4d} < \frac{1}{2}.$$

*Step 2:  $u \geq 8d$ .*

Again, let  $f$  be an arbitrary polynomial on  $\mathbf{R}$  of degree  $d$  such that  $\|f\|_2 = 1$  where  $L^2$ -norm is with respect to  $\nu_u$ . Now, our basic interval will be  $[0, 8d]$ . Let  $x_0$  be a point of maximum of  $|f|$  on this interval, and assume that  $f(x_0) > 0$ . Again, by Taylor's expansion and by Markov's inequality, for every point  $x \in [0, 8d]$ ,

$$f(x) \geq f(x_0) - \|f'\|_\infty |x - x_0| \geq \left(1 - \frac{d}{4} |x - x_0|\right) \|f\|_\infty$$

( $L^\infty$ -norm is taken on  $[0, 8d]$ ). Therefore, in the interval

$$\delta = [x_1, x_2] \equiv [x_0 - 2/d, x_0 + 2/d] \cap [0, 8d]$$

we have  $f(x) \geq \frac{1}{2} \|f\|_\infty$  so that

$$\|f\|_1 \geq \int_\delta f(x) d\nu_u(x) \geq \frac{1}{2} \|f\|_\infty \nu_u(\delta). \quad (14)$$

On the other hand, since  $u \geq 8d$  and by Lemma 2,

$$\begin{aligned} \int_0^{8d} |f|^2 d\nu_u &= \frac{1}{1 - e^{-u}} \int_0^{8d} |f(x)|^2 e^{-x} dx \geq \frac{1}{2(1 - e^{-u})} \int_0^{+\infty} |f(x)|^2 e^{-x} dx \\ &\geq \frac{1}{2(1 - e^{-u})} \int_0^u |f(x)|^2 e^{-x} dx = \frac{1}{2}. \end{aligned}$$

Therefore,  $\frac{1}{2} \leq \|f\|_\infty^2 \nu_u([0, 8d]) \leq \|f\|_\infty^2$ . Combining with (14), we get  $\|f\|_1 \geq \frac{1}{2\sqrt{2}} \nu_u(\delta)$ . Using  $x_2 - x_1 \geq 2/d$ , we obtain that, for some middle point  $x_3 \in [x_1, x_2]$ ,

$$\nu_u(\delta) = \frac{e^{-x_1} - e^{-x_2}}{1 - e^{-u}} = \frac{x_2 - x_1}{1 - e^{-u}} e^{-x_3} \geq \frac{2}{d} e^{-8d}.$$

Hence,  $\sqrt{2}de^{8d} \|f\|_1 \geq \|f\|_2$  so that (11) is fulfilled with  $C = \sqrt{2}de^{8d}$ . Note that this constant is majorized by the constant  $8d^2e^{8d}$  ( $\leq e^{11d}$ ) obtained on the first step.

Thus, for every polynomial  $f$  on  $\mathbf{R}^n$  of degree  $d$ , with respect to an arbitrary log-concave probability measure  $\mu$  on  $\mathbf{R}^n$ ,

$$\|f\|_2 \leq e^{11d} \|f\|_1. \quad (15)$$

It remains to consider the general case  $p \geq 2$ , in order to complete the proof of Theorem 2. One can iterate an inequality of the form (15),  $\|f\|_2^2 \leq A^d \|f\|_1^2$ , starting from  $f$  and successively applying it to the polynomials  $f, f^2, f^4, \dots, f^{2^k}$ . This yields

$$\|f\|_{2^k}^{2^k} \leq A^{k2^{k-1}d} \|f\|_1^{2^k}, \quad k \geq 1.$$

Assume  $\|f\|_1 = 1$  and pick up  $k \geq 1$  such that  $2^k \leq p < 2^{k+1}$ . Then,

$$\|f\|_p \leq \|f\|_{2^{k+1}} \leq A^{(k+1)d/2} \leq A^{kd} \leq p^{d \log A / \log 2}.$$

According to (15), we can apply these estimates with  $A = e^{22}$  and thus get the statement of Theorem 2 with  $C = 22/\log 2$ .

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